

Curriculum plan: PSHE

“Every good citizen adds to the strength of a nation.” – Gordon B. Hinckley

Our intent

Personal, social, health and economic (PSHE) education is a really important part of all pupils' education and personal development. At Woodhouse we aim to give all children the key skills and attributes they will need when they leave education and enter the wider world. Their learning in PSHE will help them to keep healthy and safe, as well as enabling them to prosper personally and professionally.



Enrichment in PSHE

The Woodhouse Academy PSHE experience is embedded across the life and curriculum of the school, with every opportunity being made to develop students' personal and social skills.

Our PSHE curriculum enables our students to become the best versions of themselves; both inside and outside of school. Our enrichment programme welcomes visitors from a wide range of backgrounds to deliver assemblies. Such visitors have included Stoke-on-Trent and Buxton & Leek College, Keele and Staffordshire University, local church groups, Biddulph in Bloom, the Mayor and local counsellors, the local police & fire services and the RNLI, to name a few.

We also host an annual PSHE day, where the children have the benefit of outside agencies adding to their PSHE learning, such as our mental health practitioners, Loudmouth productions, police talks and work with the local community. KS3 have also attended the World Skills Live show in Birmingham for the last 3 years.



Y5 Curriculum Plan: PSHE

Autumn

Healthy Lifestyles

- Physical wellbeing
- Mental health
- Ourselves, growing and changing
- Keeping safe

Spring

Relationships

- Friendships
- Anti-bullying
- Safe relationships
- Respecting self and others

Summer

Living in the Wider World

- Communities
- Economic wellbeing

For a more detailed breakdown of our PSHE curriculum, please see our curriculum overviews.

Click here for
Curriculum Overview

Y6 Curriculum Plan: PSHE

Autumn	Spring	Summer
Healthy Lifestyles <ul style="list-style-type: none">• Ourselves, growing and changing• Independence responsibility• Drugs, alcohol and tobacco	Relationships <ul style="list-style-type: none">• Families and close personal relationships• Positive friendships• Discrimination	<u>Living in the Wider World</u> <ul style="list-style-type: none">• <u>Shared responsibilities</u>• Aspirations, work and career

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[Click here for Curriculum Overview](#)

Y7 Curriculum Plan: PSHE

Autumn

Healthy Lifestyles

- Resilience against negative opinions
- Mental health
- [Self-concept and wellbeing](#)
- Healthy lifestyles

Spring

Relationships

- Positive relationships
- Forming and maintaining respectful relationships
- Bullying, abuse and discrimination

Summer

Living in the Wider World

- Setting ambitious targets and goals
- [Financial choices](#)

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Y8 Curriculum Plan: PSHE

Autumn	Spring	Summer
Healthy Lifestyles <ul style="list-style-type: none">• Drugs, alcohol and tobacco• Personal safety	Relationships <ul style="list-style-type: none">• Relationship values• Forming and maintaining respectful relationships• Consent• Conception and parenthood• Bullying, abuse and discrimination• Social influences	Living in the Wider World <ul style="list-style-type: none">• Learning skills• Choices and pathways• Employment rights and responsibilities

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