

Well done to the Cross Country team this week - many students beat their previous position - and to the Y7 netball teams who both performed strongly at St Edwards with 3 wins and a draw each.

A big thank you to Dan Robinson from Congleton Rugby Club, who over the last 3 weeks has run a series of rugby workshops for a group of year 5 & 6 pupils. The pupils have thoroughly enjoyed the sessions and Dan was impressed with the talent on show. These students have been invited to compete at a rugby festival on Saturday 19th October. We can't wait to see how they get on!

The children's author, Tom Palmer, came into school on Wednesday and ran workshops with years 5 to 7, all about inspiration for writing. He has published many stories about football, rugby, spies, planes and history and the children had a fantastic day. We are hoping this will motivate the children to write their own stories and maybe become published authors themselves!

Key stage assemblies this week and last have been linked to mental health. KS3 had a presentation by school mental health practitioners and the theme of the KS2 assembly was the importance of building people up and how encouraging, kind words can help improve a person's mental wellbeing. Students gave fantastic examples of ways we can help to encourage others. Mrs Bowers set the key stage a challenge of trying to encourage at least one person each day. Let's hope they carry it out at home this weekend!